



SECONDARY CCA

Tuesdays 1.20 - 2.30pm



CCA

Carrrom Club



Y7-11

In the Carrrom Club, students are expected to:

- Learn the Basics of Carrrom: Understand the rules of the game, how to arrange the board, and the proper way to strike.
 - Develop Skills: Practice aiming, striking, and strategic thinking to improve accuracy and gameplay.
 - Teamwork and Sportsmanship: Learn to play in pairs or teams, respecting opponents and playing with a positive attitude.
 - Improve Focus and Patience: Carrrom requires concentration and patience, which are valuable skills for both the game and everyday life.
 - Enjoy Friendly Competition: Participate in matches and tournaments to build confidence and enjoy healthy competition.
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CCA

Islamic studies

ISLAMIC STUDIES

Year 7-Year 11



In Islamic Studies, students will clear their doubts, discover many stories of prophets and miracles of Quran in a fun way. They also learn about jannah and attributes of Allah. We also teach them the manners of Muslims.

Students will learn many things through board games . They learn to make Quran markers. We also go for trips to learn. We reward our students by throwing pizza party.



CCA

Crochet & Embroidery

Year 7-Year 11



Crochet - The students are expected to create fabric (Tops, Bags, clutches etc.) by interlacing loops of **yarn or thread** using a **hooked needle**. It's similar to knitting, but **crochet** uses a single hook instead of two needles.

Embroidery - The students are expected to learn **the art of decorating fabric or other materials using a needle to stitch thread or yarn**. Embroidery may also incorporate other materials such as pearls, beads, quills, and sequins.

CCA

SUBSTANTIAL FUTURE CLUB

(formerly known as
Community Service Club)



Year 7-Year 11

The Substantial Future Club is dedicated to empowering students to create meaningful change through innovation, sustainability, and community impact. Our mission is to inspire young minds to explore upcycling, entrepreneurship, and social responsibility by turning creative ideas into marketable products while giving back to the community.

Through hands-on workshops, collaborative projects, and mentorship opportunities, members of the Substantial Future Club learn valuable skills in product development, business acumen, and sustainable practices. Join us in building a brighter and more sustainable future, one idea at a time!

CCA Pickleball



Year 7-Year 11



Pickleball can be a great activity for teens for many reasons, including its health benefits, social aspects, and inclusive nature:

- Health benefits
- Social aspects
- Inclusive nature
- Hand-eye coordination
- Strategic thinking
- Easy to learn



CCA Flag football



Year 7-Year 11



Flag football is a variant of gridiron football (American football or Canadian football depending on location) where, instead of tackling players to the ground, the defensive team must remove a flag or flag belt from the ball carrier ("deflagging") to end a down. In flag football, contact is limited between players.

CCA Odissi



Year 7-Year 11



Odissi is a classical Indian Dance style which originates from the eastern state of Odisha. It is one of 8 classical dance forms in India. Odissi dance is marked with graceful postures, emotive facial expressions, bright costumes, and makeup. The dancer uses intricate hand gestures to convey emotions, depict various characters, and tell stories. The versatile footwork complimenting the rhythm and music adds to the fluidity and expressiveness of the dance form. It is also offered as a paid ECA from primary to secondary. There are no charges for secondary CCA and it is an opportunity for students to learn more about Odissi.

CCA Baking Club

Year 7-Year 11



Baking is more than just a hobby—it's a creative outlet and a meaningful way to make a positive impact in our community. Whilst it's often seen as a way to satisfy a sweet tooth, baking can also inspire innovation, foster entrepreneurship, and drive social change.

Our Baking Club offers pupils the opportunity to hone their culinary skills, explore their creativity, and connect with like-minded peers. Due to its popularity, the club is limited to 20 pupils per term. Be sure to sign up promptly to secure your place!



CCA

Scrabble

Year 7-Year 11

Word games are a great way to expand your vocabulary while having fun.

Scrabble is a word game where players take turns forming words on a board using letter tiles to earn points.

Join us and have a fun afternoon learning new words and fostering new friendships.



CCA Book Club



Year 7-Year 11

Join the Book Club: Unlock New Worlds with Every Page!

Are you ready to embark on exciting adventures, solve mysterious puzzles, and explore captivating worlds without leaving your seat? The Book Club is the place where you can do all that and more! Whether you're into thrilling fantasy, gripping mysteries, or stories that make you think, there's something here for every reader.

In our Book Club, you'll:

- Discover New Authors: Dive into books you might never have picked up on your own.
- Join Fun Discussions: Share your thoughts, debates, and ideas with fellow book lovers.
- Creative Activities: From book-themed challenges to creating your own mini-book reviews, we'll keep things exciting and interactive.
- Reading Rewards: Collect points and win prizes for reading, reviewing, and participating.

No matter your reading level, come along, pick up a book, and discover the magic that awaits! Everyone is welcome—whether you read a little or a lot, your next great adventure could start here. Let's turn the page to something new together!

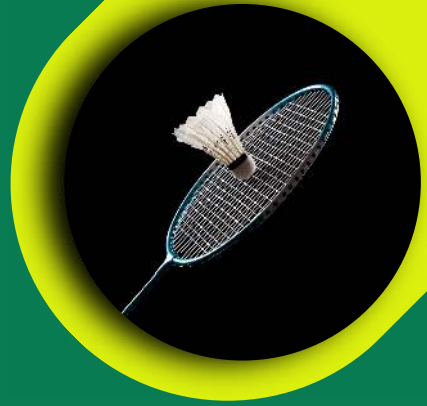
CCA Science Wizards

Year 7-Year 11

Explore the wonders of science through fun experiments and hands-on activities. Discover amazing facts about chemistry, physics, and biology in simple and exciting ways. Together, we'll learn, create, and have fun as we uncover the wonders of science. Join the Science Wizards Club today and let the adventure begin!



CCA Badminton



Year 7-Year 11



Badminton is a popular fast-paced game which can improve balance, co-ordination, agility and speed across all age groups. There is an understated quality and appeal to Badminton – but its benefit for your pupils, at primary, secondary or tertiary stage should not be underestimated!

CCA Rock painting

Year 7-Year 11



Rock Painting is perfect for young artists.

Rock painting is a way of being creative by expressing oneself with art. The simple act of applying paint to rock to create art is something as old as time.

The best part of painting rocks is that it gives the artist a smaller safe space to create without feeling lost in such a large space.

Well, we will provide you all the materials needed during the activity. Once you get started painting rocks, it's hard not to explore the world of paint pens, alcohol inks, watercolor painting and more!

Some of the colorful creations of our students are posted here for you to view.



CCA Art & Craft



Year 7-Year 11

Art and crafts will be learning different handicrafts skills and also learning upskills in recycling items creativity. Mostly the art and crafts work will be useful for the school projects or upcoming school events .

Will be learning different types of craft and skills to enhance the learning hands skills. All the materials will be provided.



CCA Music Jam



Year 7-Year 11



The Music Jam CCA is open to students from Year 7 to Year 11 and is a fun, collaborative space for music enthusiasts. During our sessions, you will form bands, learn or refine skills on your chosen instruments, explore vocal harmonisation, and creatively re-arrange cover songs. It's also your chance to get hands-on with new instruments you've always wanted to explore. By the end of the term, you will work towards performing at least two re-arranged covers for school events, showcasing your teamwork and musical growth. Whether you're a beginner or an experienced musician, there's a place for you in Music Jam!

CCA Table Tennis

Year 7-Year 11



Table tennis offers great mind-body stimulation, aerobic exercise, and social interaction. Unlike many sports, however, the overall risk for injury with table tennis is quite low. So for a safe and healthy sport - join us for table tennis.



CCA Chess

Year 7-Year 11



The game of chess is loved all over the world.

Playing chess can improve cognitive skills like memory, planning, and problem-solving.

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From Amsterdam to Zhengzhou, people gather in living rooms, plazas, and libraries to match wits over the cherished checkered board.

Why is it that people are willing to devote such time to the game? It's undoubtedly the fact that chess involves an intense intellectual challenge that's very good for the health of your mind.

Skilled chess players learn to anticipate an opponent's next moves. To predict what another person will do next, a player must develop the ability to adopt another person's perspective and infer what action they are likely to take.

Behavioral scientists call this this ability to see from another viewpoint the "theory of mind". It's an ability that is essential to exercising empathy and building healthy social relationships. A 2019 study Trusted Source found that chess develops this perspective-taking ability in children who practice the game.

Come discover the world of Chess with us
with the Sayfol Chess Community

CCA Basic Latin dance



Year 7-Year 11

You shall learn basic cha-cha-cha dance steps, then use this basic foundation to dance the current popular square dances. Let's have fun dancing after a day with books !



Photo credit:
<https://www.youtube.com/shorts/opdYSsOfhXQ>

CCA

Financial management using board games



Year 7-Year 11

Using board games to teach or simulate Financial Management can be an engaging and educational way to develop essential skills. The features of financial management through board games typically focus on key aspects of financial planning, decision-making, budgeting, and risk management. Here are the main features:

1. Budgeting and Financial Planning
 2. Cash Flow Management
 3. Investment Decision-making
 4. Risk Management
 5. Financial Strategy and Decision-making
 6. Competition and Market Understanding
 7. Long-Term vs. Short-Term Goals
 8. Real-Life Application and Financial Literacy
 9. Adaptation to Changes
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CCA

Jewellery making



Year 7-Year 11

✨ Unleash your creativity and learn the art of crafting beautiful accessories! ✨

🔧 What You'll Create:

- Bracelets
- Necklaces
- Earrings
- Phone Charms
- Bag Charms and many more

💡 What You'll Learn:

- Design Thinking: Turn ideas into stunning creations.
- Group Collaboration: Work together to inspire and innovate.
- Practical Skills: Master techniques for making professional-looking jewelry.

🎨 Why Join?

- Express your personal style!
 - Make unique gifts for friends and family!
 - Have fun while learning new skills!
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CCA

Movies for History students



Year 10-Year 11

Students will watch and discuss films that will help them understand and appreciate the era covered by IGCSE History - International Relations in the 20th Century.

These films include works from the interwar period such as Fritz Lang's *Metropolis* and *The Life and Times of Colonel Blimp*. To later works that shed light on the times we study such as the 2022 adaptation of *All Quiet on the Western Front*.

As we move into the post war era we will look at *The Manchurian Candidate* and *Dr Strangelove*

CCA

Film and Literature



Year 7-Year 11

The arts are making a comeback! Film and Literature is all about exploring the worldview of other people's perspectives through the lenses and pages.

You will learn :

- How films are crafted to create effect.
- Dramas / Films / Literature of different time periods.
- Significant meaning behind certain film or texts.

Aspiring playwrights, journalists, publicists and authors are most welcome to join!



CCA Volleyball



Year 7-Year 11

Join the Sayfol Volleyball Club!

🌀 Unleash Your Passion for Volleyball!

Are you ready to bump, set, and spike your way to success? Whether you're a beginner or an experienced player, the Sayfol Volleyball Club welcomes all skill levels!

★ What We Offer:

Fun and inclusive practice sessions.

Expert coaching to improve your skills.

Opportunities to compete and showcase your talent.

Build teamwork, fitness, and lasting friendships.

Let's hit the court together and make every play count. Join today and be part of the Sayfol spirit!

CCA

Football (School Team)



Year 7-Year 11

The Football CCA fosters teamwork, discipline, and sportsmanship through engaging training sessions and competitive matches. Members develop technical skills such as dribbling, passing, and shooting, while building physical fitness and tactical awareness. Dedicated players also have the chance to represent the school team in tournaments, showcasing their talent on a larger stage. Beyond the field, the CCA promotes leadership, camaraderie, and resilience, offering opportunities for personal growth and collaboration. Open to players of all skill levels, the Football CCA provides a supportive environment to nurture talent and passion for the game.

CCA

Netball

(School Team)



Year 7-Year 11

- Netball encourages teamwork, leadership, & discipline, making it an ideal CCA activity.
- Joining the school netball team offers a chance to compete while building lasting friendships.
- Improve fitness, coordination, & focus through exciting & engaging netball practices.
- Represent your school with pride in inter-school netball tournaments and events.
- Learn strategy, quick decision-making, & sportsmanship on the netball court.
- Enhance your physical & mental well-being while playing a dynamic & fast-paced sport.
- Be part of a supportive team environment that inspires success both on & off the court.



CCA

Athletics (School Team)

Year 7-Year 11



Participating in athletics has been known to improve the cognitive and memory functions of the brain, helping kids perform better in tests and academics. Further, traits such as discipline and perseverance also play an important part in better academic performance.

Join our school athletics team and represent Sayfol in competitions. Participation is based on selection. Please see Mr Deva for more information.



CCA

Swimming (School Team)

Year 7-Year 11



Swimming can help a person manage or lose weight, build strength, and improve breathing control. The benefits of swimming may also extend to mental health. Our swimming team was very successful in the past year bagging numerous medals. Join us to be a winner.

